



KAILASH MANSAROVAR YATRA 2019 OVERLAND KERUNG ROUTE - 14 DAYS

**Kathmandu - Rashuwagadi-Kerung-Saga-Mansarovar-Darchen-Diraphuk-
Zhthulphuk-Saga-Kerung-Kathmandu**



Trip Level:Difficult | Group Size: Min.1 or Above | Max. Age:70 | Altitude :5670 m | Best Season :May to September | Price :INR 122000

OVERVIEW

**KAILASH MANSAROVAR YATRA OVERLAND ROUTE:
(KERUNG) KATHMANDU IN KATHMANDU OUT**

Overland Journey to the Holy Mount Kailash and Sacred Lake Mansarovar is one of the best experiences in the life time, cross the Great Himalayas Ranges, Drive through Silk Road over the Tibetan Plateau. Meet the real and untouched local nomadic group of Tibetan. The beauty of the scenario is beyond the imagination tranquil completely tranquil and parish less Himalayan Plateaus with swirling pathways, up hills and down hills. As if an accomplished artist has scattered the color through his brush. You will fill the greatness of the ultimate nature power you will feel the grace of Lord Shiva.

PACKAGE COST:

For Indian Passport Holders: **INR 122000**

For Other Passport Holders: **INR 140900**

Single Supplement at Kathmandu only:

INR. 3500.00 For both passports holders.

Booking and Payments

- 25% of the total package cost of the Indian amount should be paid at least 45 days prior or time of the booking confirmation to the tour departure date, the payment can be made by Telex or Bank Transfer into the account of Tourism Society.
- Remaining payment should be made within 10 days before departure date of the Yatra.

Note:

HIGHLIGHTS

- This place (Manasarovar) is a grand creation of the nature which is not only revered by the Hindu followers, but also valued by the followers of the other religions like Jain, Bone and Bauddha.
- It is believed that just a single circuit of the Kailaish Mountain brightens the life and wipes out the sins of lifetime. It emancipates Jivas from the vicious cycle of births and deaths consequently entering into the Brahma's paradise.
- It is believed that this journey on foot will teach us how to survive even in the deficient of air. It also helps us to be strong and tough to go ahead
- There is a Vedic belief that Bramhasthra (divine weapon of the creator Brahma) was dropped in this area at the time of Mahabharata war so the soil looks something like ash.
- Greeting to the vast river which was created by the brainpower of the Great Bramha at the beginning of the formation of the earth so as to irrigate the land of Asia.
- The devotee feels the sense of gratefulness while getting the God in close proximity to them just a singular visit of Him makes them salvation.
- There rise up the Vedic waves inside every hearts in the midst of the waves risen up in Manasarovar Lake extending till the eternity. This is the ecstatic pleasure, the ultimate delight.

- There is a belief that while going to the heaven with the physical attendance through Uttaranchal of India in the later stage of their life, the Panch Pandavas had taken the bath in this lake and got vanished in the womb of Mt. Kailash.
- The religious belief of Hinduism state that the God of heaven, Indra had the meditation here in order to get the Bazra, thundering weapon, in order to kill the devils. While at the time of Mahabharata the brave warrior, Arjuna, contemplated at this place to the Lord Shiva so as to acquire the Gandiva Dhanu, a powerful bow.
- It is believed that the gods and the goddesses appear here in order to take bath and play in the water early in the morning.
- According to the Vedic perception, this is the place where the evil like trend was developed at the beginning of the human civilization. This lake is also called the Ravana Lake.
- The southern facade of the Kailash Mountain is also called Gurumukh. Being continuously face to face to it, we reach the base camp, Darchen, of the Kailash Mountain.
- According to Skanda Purana, Mount Kailash is the earthly manifestation of Mt. Meru, their spiritual center of the universe.
- There is a Vedic belief that the earth has been divided into two halves keeping Meru as the center point.
- This sacred region of Mount Kailash is the fountain head of four great Asian rivers (Indus, Sutlej, Bramhaputra and Karnali).
- The rivers like Indus, Sutlej, Bramhaputra and Karnali initiate their perpetual journey from here and irrigate the land of the earth.
- The Vedic and factual references affirm that the origin of the human civilization Indus valley civilization was initiated from this sacred place which has made the importance of this place prominent.
- Om devotees have established this voyage as the journey to the heaven as it used to be accomplished only either by a few people or by the powerful personalities in the Vedic period.
- Perhaps, because of this reason, the belief that one couldn't go to the heaven with the physical presence continued.
- The Aryans have agreed Lord Shiva as the Rudra, the powerful form of the god.
- As the Brahma, the creator, the Bishnu, the preserver, and the Maheshwora, the destroyer, accepted the Rudra within them when he was performing the Tandava dance in the Himalayas, since than the Vedic Aryans have taken the Rudra as the demolisher. Because the Vedic philosophy states that the destruction of the universe is the creation of the new one.
- So the Aryans have often considered lord Shiva as the destructive force as well.
- According to Manusmriti the four great faces of Kailash Mountain are made up of crystal, ruby gold and Lapis Lazuli (bright blue Gemstone).
- The word, Kailash is “Panchakshari” represents the five dimensions.
- Shiva Purana state that the five dimensions of the Kailash Mountain are considered as the five entrances.
- Out of the five faces, according to the Scholars, four could be physically seen and the fifth can only be seen through the eye of the knowledge.
- The eastern face of the Kailash Mountain is the principal of Shakti Tattva represented by the cosmic principal of Ananda and its deity is Mahadeva.
- The south face is the principal of Gyan represented by the cosmic principal of Buddhi and its deity is Bhairava.
- The west face is the principal of Ichha represented by the cosmic principle of Ahankar and its deity is Nandi.
- The north face is the principal of Sadviddhya and is represented by the cosmic principal Manas and its deity is Uma.
- The fifth face is invisible and it is said that there is no night and day and believed, that is the absolute power. That is the Shiva.
- There is a belief that when one crosses this pass, he/she gets salvation not only spiritually but also physically consequently getting the deliverance.
- According to the tradition belief, it is considered as the power source of the Mother Parvati and sometimes it is

also described as the center point of the earth.

ITINERARY

01: KATHMANDU (1337M):

Arrive receive and transfer to hotel. Overnight stay at hotel.

Meal Included : | Dinner

02: KATHMANDU

Kathmandu Valley Sightseeing including **Shri-Pashupatinath Temple**, Budhanilkantha and Swayambhunath Stupa. Evening, program Briefing and Packing. Overnight stay at hotel.

Meal Included : | Breakfast | Lunch | Dinner

03: KATHMANDU TO SYABRUBESI (2720M):

After breakfast drive about 6 hours to Syabrubesi. Overnight stay at hotel.

Meal Included : | Breakfast | Lunch | Dinner

04: SYABRUBESI TO KERUNG (3000M):

Drive about 2 hours. Fulfill the formality and immigrate to China- Tibet. Drive further an hour to Kerung. Overnight stay at hotel.

Meal Included : | Breakfast | Lunch | Dinner

05: KERUNG:

The day rest for acclimatization, Kerung excursion. Overnight stay at hotel.

Meal Included : | Breakfast | Lunch | Dinner

06: KERUNG TO SAGA (4100M) OR DONGBA (4500M):

Drive about 6 to 7 hours crossing Bramhaputra River and Lablung–La to Saga or Dongba. Overnight stay at hotel.

Meal Included : | Breakfast | Lunch | Dinner | Breakfast | Lunch | Dinner

07: SAGA OR DONGBA TO LAKE MANSAROVAR (4560M)

Drive about 6 to 7 hours to Mansarovar, start Parikrama by coach, Holy Bath & Pooja. Overnight stay at hotel.

Meal Included : | Breakfast | Lunch | Dinner

08: MANSAROVAR TO DARCHEN (4560M):

Morning free for spiritual activities like HOMA and PUJA. After lunch drive about 1 hour to Darchen. Overnight stay at hotel.

Meal Included : | Breakfast | Lunch | Dinner

09: DARCHEN TO DRIAPHUK (4890M):

After breakfast, drive about half an hour to YAM-Dwar. Start Kailash Parikrama on foot, 13 Km for 6 to 7 hours. Overnight stay at Guest houses.

Meal Included : | Breakfast | Lunch | Dinner

10: DRIAPHUK TO ZUTHULPHUK (4790M):

Start trek as earlier as possible, cross Dolma-La (5670m) the highest Pass of the Yatra. On the way Darshana of Ganesh Kund, Ganesh Parvat and Gauri Kund. Overnight stay at Guest houses.

Meal Included : | Breakfast | Lunch | Dinner

11: ZUTHULPHUK TO SAGA:

Trek about 3 hours to end Kailash Parikrama at Mani-wall. Assemble on coach and drive about 7 hours to Saga via Darchen. Overnight stay at hotel.

Meal Included : | Breakfast | Lunch | Dinner | Breakfast | Lunch | Dinner

12: DONGA OR SAGA TO KERUNG:

Drive Kerung about 7 hours. Overnight stay at hotel.

Meal Included : | Breakfast | Lunch | Dinner

13: KERUNG TO KATHMANDU:

Early in the morning proceeds to Kerung Border. Complete formality and enter to Nepal. Drive further 6 to 7

hours to Kathmandu. Overnight stay at hotel.

Meal Included : | Breakfast | Lunch | Dinner

14: DEPARTURE:

After breakfast departure transfer to Airport.

Meal Included : | Breakfast | Lunch | Dinner | Breakfast

Note on itinerary

Risk and Liabilities:

We will endeavor to make your journey smooth and as pleasant as possible. However the entire program in Tibet is conducted strictly under the rules and regulations of China and Tibet Tourism Bureau. Therefore, Tourism Society (P) Ltd.& its associate partners will not be responsible for any changes in the itineraries due to unavoidable circumstances such as Government restrictions, land slides, road blockages, flood, snow, and any unforeseen types of obstructions, cancellation / delay of flight, delay due to late permit and Visa, illness or accidents. The pilgrims shall have to bear all extra costs incurred, if any above mentioned obstacles arise during the yatra by themselves.

Document:

Passports with a minimum of 6 months validity and two copies of pp size photographs.

Fitness:

This is not a trek or expedition but a tour; therefore no specific level of fitness is required. Anybody can join this Yatra if they think they are able and have strong willpower. People suffering from cardiac or respiratory problems should consult their doctor prior to embarking on this trip. Morning and evening walks, jogging, stretching, meditation and regular exercise make the journey comfortable for all.

Food and Beverage:

We will serve purely vegetarian delicious continental & Indian meals; Breakfast and Dinner in hotels, served by CIPSC- Indian Kitchen. Packed lunch will be provided at the time of Kailash Parikrama.

Clothing and Necessities:

As the temperature greatly varies between day and night (from max. 16 degrees Celsius to min. -10 degrees Celsius) one should be prepared accordingly.

Bring the following items with you:

Woolen gloves, Monkey cap, Sun hat, Thermal wear, Water bottle, Woolen socks, Towel, Light Jacket, Sunglasses, Sun cream, Torch with extra batteries/bulbs, Muffler, Mask, Raincoat, Sweater, Shirt/T-shirts & Trekking shoes etc.

Insurance:

Comprehensive Travel Insurance coverage for Emergency Medical Evacuation in case of emergency.

Cancellation:

All notice of cancellation must be sent to our office in writing; verbal cancellation will not be accepted. There is no refund for services not used. In addition, the following cancellation rules will be applicable on the balance amount payable.

? If made within 21 days prior of tour departure date or once travel permit has been applied: 30% cancellation will be charged.

? If made within 15 days prior of tour departure date: 50% cancellation will be charged.

? If made within 7 days and less prior of tour departure date: 75% cancellation will be charged.

? If the case of no show: 100% cancellation will be charged.

Above rules are applicable as per the rules and regulation of China Tibet Tourism Bureau (CTTB), (CIPSC) China Indian Pilgrims Service Center and (IPSC) Indian Pilgrims Service China.

“We assure for; Comfortable Stay, Safe Journey and Memorable Trip to Kailash Mansarovar Yatra!”
Tourism Society Pvt. Ltd.

WHAT'S INCLUDED

PRICE INCLUDES

- Rashuwagadi Border - Kailash - Rashuwagadi Border transfer by Deluxe coach.
- Kathmandu - Rashuwagadi Border - Kathmandu transfer by private vehicle.
- 1 night accommodation at syafrubesi in available best trekkers lodge with all meals.
- Kathmandu valley sightseeing including Pashupatinath Darshan.
- Arrival and departure transfer by tourist coach.
- 3 nights accommodatioin at Kathmandu with all meals.
- Emergency Oxygen Cylinder and First AID kit with appopriate medication facility.
- DownJacket returnable after trip.
- Duffel Bag (a large bag to keep the pilgrims' luggage less than 10 KG)
- Chinese Package Cost of Kailash Mansarovar Yatra.
- Tibet travel permit and Chinese Visa.
- Nepali Team Leader and Supporting staffs.
- Tibet part transfer by deluxe Bus as per group sizes /Truck for Luggage.
- 3 to 5 persons sharing accommodation in Simikot, Hilsa and during KailashYatra in Tibet.

PRICE EXCLUDES

- Visa split and transportation cost if any one pre-exit.
- Extra room bills due to flight delays possibly due to weather conditions.
- Extra and excess luggage or cargo charge.
- Personal horse/pony riding / personal porter charges during KailashParikrama.
- Insurance and evacuation cost.
- Stick and water bottle.
- Rescue & emergency cost.

- Nepal entry and re-entry visa fees for non-residence Indian.
 - Beverage and personal nature cost
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DEPARTURES

| S.N | Package Name | Start Date | End Date | Status |
|-----|---|--------------|--------------|-----------|
| 1 | kailash mansarovar yatra 2019 overland kerung route | 12 May, 2019 | 26 May, 2019 | Full Moon |
| 2 | kailash mansarovar yatra 2019 overland kerung route | 27 May, 2019 | 10 Jun, 2019 | - |
| 3 | kailash mansarovar yatra 2019 overland kerung route | 11 Jun, 2019 | 25 Jun, 2019 | Full Moon |
| 4 | kailash mansarovar yatra 2019 overland kerung route | 26 Jun, 2019 | 10 Jul, 2019 | - |
| 5 | kailash mansarovar yatra 2019 overland kerung route | 10 Jul, 2019 | 24 Jul, 2019 | Full Moon |
| 6 | kailash mansarovar yatra 2019 overland kerung route | 25 Jul, 2019 | 08 Aug, 2019 | - |
| 7 | kailash mansarovar yatra 2019 overland kerung route | 09 Aug, 2019 | 23 Aug, 2019 | Full Moon |
| 8 | kailash mansarovar yatra 2019 overland kerung route | 25 Aug, 2019 | 08 Sep, 2019 | - |
| 9 | kailash mansarovar yatra 2019 overland kerung route | 08 Sep, 2019 | 22 Sep, 2019 | Full Moon |