



KAILASH MANSAROVAR YATRA 2019

MUKTINATH EXTENSION - 8 DAYS



Trip Level: Easy/Moderate | Group Size: Min.4 or above | Max. Age:80 | Altitude :3710 m | Best Season :All season | Price :As per group size

OVERVIEW

KAILASH MANSAROVAR YATRA UKTINATH EXTENSION PROGRAMME

SALIGRAMI, renowned as Muktinath, a sacred place for both Hindus and Buddhists, is situated at an altitude of 3,710 meters on the lap of Himalaya. Hindus call it Mukthi Kshetra (The Salvation Valley) while Buddhist called it the Valley of Chumming Gyatsa and believes that Guru Rimpoche (Padmasambhara), the founder of Tibetan Buddhism meditated here on his way to Kailash Manasarovar Yatra (Tibet). Hindu believes that Lord Vishnu meditated here for the salvation from the Saligram (A kind of black stone - found in Kali Gandaki River of this region). As Vedic Perception; Lord Vishnu was cursed by Brinda (Sati, wife of Jalandhar) to be the stone. Since the Saligram is considered as Lord Vishnu and Worshiped by Hindu and Buddhist. Muktinath temple is built in Pagoda architecture. The main deity of the temple is Lord Vishnu and Jwala Mai (Goddess). 108 holy water taps been purifying this land continuously since the Vedic period. Devotees take bath at those 108 freshwater taps before performing puja in this temple. The main starting point of Muktinath is Pokhara. There are different ways to visit Muktinath from Pokhara, and the easiest way is flying from Pokhara to Jomsom and drives up to Muktinath and back to Jomsom by Jeep and fly back to Pokhara by schedule flight.

Note:

HIGHLIGHTS

ITINERARY

01: KATHMANDU (1337M)

Arrival, receive at Tribhuvan International Airport, transfer to hotel by private vehicle. Welcome drink and check in to the hotel upon the arrival. The evening is for program briefing. Overnight stay at hotel.

Meal Included : | Dinner

02: KATHMANDU TO POKHARA (870M)

After breakfast, drive to Pokhara (200km), a beautiful natural valley also the main transit for the trip. On the way visit Mankamana Devi's temple via riding a cable car. The evening is free to visit the Lake side market. Overnight stay at hotel.

Meal Included : | Breakfast | Lunch | Dinner | Breakfast | Dinner

03: POKHARA – JOMSOM (2743M) TO UKTINATH (3710M)

After early breakfast, transfer to Pokhara domestic airport. Take a flight (20minutes) to Jomsom; the headquarter of Mustang district. From Jomsom, drive about 2 hours to Muktinath by Jeep. Overnight stay at Trekkers' Logde at Muktinath

Meal Included : | Breakfast | Lunch | Dinner | Breakfast | Dinner

04: MUKTINATH-KAGBENI-JOMSOM

The morning is free for spiritual activities including holy shower in the 108 water taps. Worship and prayer at the temple and after that a short MuktiKshetra excursion. After that Drive back to Jomsom. On the way back, visit the beautiful Kagbeni village. Overnight stay at Trekkers' Lodge at Jomsom.

Meal Included : | Breakfast | Lunch | Dinner | Breakfast | Dinner

05: JOMSOM(2743M) TO POKHARA

After breakfast, fly back to Pokhara (20 min). Arrival, transfer to the hotel at Pokhara. After a short rest start Pokhara citysightseeing including; Davis Fall, Gupteshor Cave, Lake Side Market, Vindhyawashini Temple, White River Gorge. Late afternoon visit Tal-Barahi Temple by an hour Boating on Phewa Lake. Rest of the Evening is free for self-excursion around Lakeside market. Overnight stay at hotel.

Meal Included : | Breakfast | Lunch | Dinner | Breakfast | Dinner

06: POKHARA TO KATHMANDU

After breakfast, drive back to Kathmandu. Visit Swyambhunath Stupa after returning back from Pokhara on the way to the Hotel. Overnight stay at hotel.

Meal Included : | Breakfast | Dinner | Breakfast | Dinner

07: KATHMANDU

After Breakfast, start Kathmandu valley sightseeing including; Shiri-Pashupatinath temple, Budhanilkantha, Baudhanath Stupa. In the afternoon, visit Bhaktapur Durbar Square (15km from the main city). Rest of the evening is free for shopping. Overnight stay at hotel.

Meal Included : | Breakfast | Dinner

08: DEPARTURE

Transfer to international airport for the departure or proceed with further program.

Meal Included : | Breakfast | Breakfast

Note on itinerary

Risk and Liabilities:

We will endeavor to make your program smooth and as pleasant as possible. However the entire programs of trekking are on the ranges of great mountains. Therefore, Tourism Society (P) Ltd shall not be responsible for any changes in the itineraries due to unavoidable circumstance and natural disasters such as landslide, road blockage, flood, snowing, cancellation of flight and delay, any types of sickness including altitude sickness. Any extra cost including there shall be borne by trekkers themselves.

Optional Program:

River Rafting, Mountain Fight, Paragliding, Bunjy Jump and mores.

WHAT'S INCLUDED

PRICE INCLUDES

PRICE EXCLUDES

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